2016 Annual PFAC Report:

The survey questions concern PFAC activities in fiscal year 2016 only.

1. Hospital Name: MetroWest Medical Center, includes Framingham Union Hospital (Framingham) and Leonard Morse Hospital (Natick)

NOTE: Massachusetts law requires every hospital to make a report about its PFAC publicly available. HCFA strongly encourages you to fill out a separate template for the hospital-wide PFAC at each individual hospital.

2a. Which best describes your PFAC?

☐ We are the only PFAC at a single hospital – skip to #3 below
☒ We are a PFAC for a system with several hospitals – skip to #2C below
☐ We are one of multiple PFACs at a single hospital
☐ We are one of several PFACs for a system with several hospitals – skip to #2C below
☐ Other (Please describe: ______________________________________________________________________)

2b. Will another PFAC at your hospital also submit a report? N/A

☐ Yes
☐ No
☐ Don’t know

2c. Will another hospital within your system also submit a report? N/A

☐ Yes
☐ No
☐ Don’t know

3. Staff PFAC Co-Chair Contact:

2a. Name and Title: Denise Schepici
2b. Email: Denise.Schepici@mwmc.com
2c. Phone: 508-383-1047
☐ Not applicable

4. Patient/Family PFAC Co-Chair Contact:

3a. Name and Title: Karen Horowitz
3b. Email: Karen.Horowitz2@gmail.com
3c. Phone: 508-245-1911
☐ Not applicable

5. Is the Staff PFAC Co-Chair also the Staff PFAC Liaison/Coordinator?

☐ Yes – skip to #7 (Section 1) below
☒ No – describe below in #6
6. Staff PFAC Liaison/Coordinator Contact:
   5a. Name and Title: Cindy Reilly
   5b. Email: Cindy Reilly@mwmc.com
   5c. Phone: 508-383-1374
   ☐ Not applicable
Section 1: PFAC Organization

7. This year, the PFAC recruited new members through the following approaches (check all that apply):
   - ☐ Case managers/care coordinators
   - ☐ Community based organizations
   - ☐ Community events
   - ☐ Facebook and Twitter
   - ☐ Hospital banners and posters
   - ☐ Hospital publications
   - ☐ Houses of worship
   - ☒ Patient satisfaction surveys
   - ☐ Promotional efforts within institution to patients or families
   - ☒ Promotional efforts within institution to providers or staff
   - ☒ Recruitment brochures
   - ☒ Word of mouth / through existing members
   - ☐ Other (Please describe: __________________________________________________________)
   - ☐ N/A – we did not recruit new members in FY 2016

8. Total number of staff members on the PFAC: _8

9. Total number of patient or family member advisors on the PFAC: 5

10. The name of the hospital department supporting the PFAC is: Quality and Patient Safety

11. The hospital position of the PFAC Staff Liaison/ Coordinator is Quality and Patient Safety Senior Director

12. The hospital provides the following for PFAC members to encourage their participation in meetings (check all that apply):
   - ☐ Annual gifts of appreciation
   - ☐ Assistive services for those with disabilities
   - ☐ Conference call phone numbers or “virtual meeting” options
   - ☒ Meetings outside 9am-5pm office hours
   - ☒ Parking, mileage, or meals (meals, parking is free)
   - ☒ Payment for attendance at annual PFAC conference
   - ☐ Payment for attendance at other conferences or trainings
   - ☐ Provision/reimbursement for child care or elder care
   - ☐ Stipends
   - ☐ Translator or interpreter services
   - ☐ Other (Please describe: ________________________________)
   - ☐ N/A
Section 2: Community Representation

The PFAC regulations require that patient and family members in your PFAC be “representative of the community served by the hospital.” If you are not sure how to answer the following questions, contact your community relations office or check “don’t know.”

Sudbury, Southborough, Framingham, Natick, Ashland, Holliston, Medway, Milford, Millis, Marlboro, Sherborn, Wayland, Hopkinton.

13. Our hospital’s catchment area is geographically defined as:

- [ ] Don’t know

14. Tell us about racial and ethnic groups in these areas (please provide percentages; if you are unsure of the percentages check “don’t know”):

<table>
<thead>
<tr>
<th>RACE</th>
<th>ETHNICITY</th>
</tr>
</thead>
<tbody>
<tr>
<td>% American Indian or Alaska Native</td>
<td>% Hispanic, Latino, or Spanish origin</td>
</tr>
<tr>
<td>% Asian</td>
<td>% Other</td>
</tr>
<tr>
<td>% Black or African American</td>
<td>% White</td>
</tr>
<tr>
<td>% Native Hawaiian or other Pacific Islander</td>
<td>% Other</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>14a. Our defined catchment area</th>
<th>14b. Patients the hospital provided care to in FY 2016</th>
<th>14c. The PFAC patient and family advisors in FY 2016</th>
</tr>
</thead>
<tbody>
<tr>
<td>0.6</td>
<td>0.0</td>
<td>12.5</td>
</tr>
<tr>
<td>2.2</td>
<td>2.1</td>
<td>87.5</td>
</tr>
<tr>
<td>1.2</td>
<td>3.9</td>
<td></td>
</tr>
<tr>
<td>0.0</td>
<td>0.0</td>
<td></td>
</tr>
<tr>
<td>71.8</td>
<td>75.8</td>
<td></td>
</tr>
<tr>
<td>13.6</td>
<td>7.4</td>
<td></td>
</tr>
<tr>
<td>86.4</td>
<td>92.6</td>
<td></td>
</tr>
<tr>
<td>Don’t know</td>
<td>Don’t know</td>
<td>Don’t know</td>
</tr>
</tbody>
</table>
15. Tell us about languages spoken in these areas (please provide percentages; if you are unsure of the percentages select “don’t know”):

<table>
<thead>
<tr>
<th>Limited English proficiency (LEP)</th>
<th>%</th>
</tr>
</thead>
<tbody>
<tr>
<td>15a. Patients the hospital provided care to in FY 2016</td>
<td>☒ Don’t know**</td>
</tr>
<tr>
<td>15b. PFAC patient and family advisors in FY2016</td>
<td>0%</td>
</tr>
</tbody>
</table>

** We however do know the number of occurrences in which interpretive services were utilized, which was 26,610 occurrences during this time period.

15c. What percentage of patients that the hospital provided care to in FY 2016 spoke the following as their primary language? This is the breakdown of number of services provided to each primary language cohort

<table>
<thead>
<tr>
<th>Number of interpretive services</th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>Spanish</td>
<td>13,817</td>
</tr>
<tr>
<td>Portuguese</td>
<td>9118</td>
</tr>
<tr>
<td>Chinese</td>
<td>22</td>
</tr>
<tr>
<td>Haitian Creole</td>
<td>209</td>
</tr>
<tr>
<td>Vietnamese</td>
<td>42</td>
</tr>
<tr>
<td>Russian</td>
<td>791</td>
</tr>
<tr>
<td>French</td>
<td>38</td>
</tr>
<tr>
<td>Mon-Khmer/Cambodian</td>
<td>2</td>
</tr>
<tr>
<td>Italian</td>
<td>10</td>
</tr>
<tr>
<td>Arabic</td>
<td>343</td>
</tr>
<tr>
<td>Albanian</td>
<td>2</td>
</tr>
<tr>
<td>Cape Verdean</td>
<td>unk</td>
</tr>
</tbody>
</table>

☒ Don’t know
15d. In FY 2016, what percentage of PFAC patient and family advisors spoke the following as their primary language?

<table>
<thead>
<tr>
<th>Language</th>
<th>%</th>
</tr>
</thead>
<tbody>
<tr>
<td>Spanish</td>
<td>0</td>
</tr>
<tr>
<td>Portuguese</td>
<td>0</td>
</tr>
<tr>
<td>Chinese</td>
<td>0</td>
</tr>
<tr>
<td>Haitian Creole</td>
<td>0</td>
</tr>
<tr>
<td>Vietnamese</td>
<td>0</td>
</tr>
<tr>
<td>Russian</td>
<td>0</td>
</tr>
<tr>
<td>French</td>
<td>0</td>
</tr>
<tr>
<td>Mon-Khmer/Cambodian</td>
<td>0</td>
</tr>
<tr>
<td>Italian</td>
<td>0</td>
</tr>
<tr>
<td>Arabic</td>
<td>0</td>
</tr>
<tr>
<td>Albanian</td>
<td>0</td>
</tr>
<tr>
<td>Cape Verdean</td>
<td>0</td>
</tr>
</tbody>
</table>

☐ Don’t know

16. The PFAC is undertaking the following activities to ensure appropriate representation of our membership in comparison to our patient or catchment area:

Outreach to community entities (schools, libraries, YMCA, etc)

Creation of PFAC brochure

Identify members through feedback via letters or other forms of communication to senior leadership.
Section 3: PFAC Operations

17. Our process for developing and distributing agendas for the PFAC meetings (choose):
   - ☐ Staff develops the agenda and sends it out prior to the meeting**
   - ☐ Staff develops the agenda and distributes it at the meeting
   - ☐ PFAC members develop the agenda and send it out prior to the meeting
   - ☐ PFAC members develop the agenda and distribute it at the meeting
   - ☐ PFAC members and staff develop agenda together and send it out prior to the meeting. (Please describe below in #17a)
   - ☑ PFAC members and staff develop agenda together and distribute it at the meeting. (Please describe below in #17a)
   - ☐ Other process (Please describe below in #17b)
   - ☐ N/A – the PFAC does not use agendas

17a. If staff and PFAC members develop the agenda together, please describe the process:
** the agenda is the result of discussion at the end of the prior meeting, at the discretion of the meeting membership.

______________________________________________________________________________________
______________________________________________________________________________________

17b. If other process, please describe:

______________________________________________________________________________________
______________________________________________________________________________________

18. The PFAC goals and objectives for 2016 were: (check the best choice):
   - ☐ Developed by staff alone
   - ☐ Developed by staff and reviewed by PFAC members
   - ☑ Developed by PFAC members and staff
   - ☐ N/A – we did not have goals for FY 2016 – Skip to #18

19. The PFAC had the following goals and objectives for 2016:

1. Expand community membership using a PFAC brochure and the MetroWest website. Increase diversity of the committee to reflect that of the community served by the hospital. Work with Health Care for All (HCFA) in their mentoring program

2. Work with key individuals to create opportunities for PFAC feedback in appropriate areas of innovation and patient related issues (STRAT team, construction team, e-mail)
3. Identify meaningful data to determine direction of council in relation to patient satisfaction

4. Community outreach volunteer program

5. Increase visibility and awareness of PFAC through outreach, social media, website

20. Please list any subcommittees that your PFAC has established: not applicable

____________________________________________________________________________________
____________________________________________________________________________________

21. How does the PFAC interact with the hospital Board of Directors (check all that apply):
   ☒ PFAC submits annual report to Board
   ☐ PFAC submits meeting minutes to Board
   ☐ Action items or concerns are part of an ongoing “Feedback Loop” to the Board
   ☐ PFAC member(s) attend(s) Board meetings
   ☒ Board member(s) attend(s) PFAC meetings
   ☐ PFAC member(s) are on board-level committee(s)
   ☐ Other (Please describe: ______________________________________________________________)
   ☐ N/A – the PFAC does not interact with the Hospital Board of Directors

22. Describe the PFAC’s use of email, listservs, or social media for communication:

The majority of communication is direct to membership using e-mail.

____________________________________________________________________________________
____________________________________________________________________________________

☐ N/A – We don’t communicate through these approaches
Section 4: Orientation and Continuing Education

23. Number of new PFAC members this year: 2

24. Orientation content included (check all that apply):
- ☒ “Buddy program” with experienced members
- ☒ Check-in or follow-up after the orientation
- ☐ Concepts of patient- and family-centered care (PFCC)
- ☒ General hospital orientation
- ☐ Health care quality and safety
- ☒ History of the PFAC
- ☐ Hospital performance information
- ☐ Immediate “assignments” to participate in PFAC work
- ☐ Information on how PFAC fits within the organization’s structure
- ☒ In-person training
- ☐ Massachusetts law and PFACs
- ☐ Meeting with hospital staff
- ☐ Patient engagement in research
- ☐ PFAC policies, member roles and responsibilities
- ☐ Skills training on communication, technology, and meeting preparation
- ☒ Other (Please describe below in #24a)
- ☐ N/A – the PFAC members do not go through a formal orientation process

24a. If other, describe:
New Members are provided a packet that includes Charter and basic hospital orientation meeting material, CORI check required.
25. The PFAC received training on the following topics:

- Concepts of patient- and family-centered care (PFCC)
- Health care quality and safety measurement
- Health literacy
- A high-profile quality issue in the news in relation to the hospital (e.g. simultaneous surgeries, treatment of VIP patients, mental patient discharge, etc)
- Hospital performance information
- Patient engagement in research PFAC member serves as IRB member
- Types of research conducted in the hospital — PFAC member serves as IRB member
- Other (Please describe below in #25a)
- N/A – the PFAC did not receive training

25a. If other, describe:

______________________________________________________________________________________
______________________________________________________________________________________
## Section 5: FY 2016 PFAC Impact and Accomplishments

The following information only concerns PFAC activities in the fiscal year 2016.

26. The five greatest accomplishments of the PFAC were:

<table>
<thead>
<tr>
<th>Accomplishment</th>
<th>Idea came from…</th>
<th>PFAC role can be best described as…</th>
</tr>
</thead>
<tbody>
<tr>
<td>26a. Accomplishment 1: Community outreach</td>
<td>☒ Patient/family advisors of the PFAC</td>
<td>☐ Being informed about topic</td>
</tr>
<tr>
<td></td>
<td>☐ Department, committee, or unit that requested PFAC input</td>
<td>☐ Providing feedback or perspective</td>
</tr>
<tr>
<td></td>
<td>☐ Department, committee, or unit that requested PFAC input</td>
<td>☒ Discussing and influencing decisions/agenda</td>
</tr>
<tr>
<td></td>
<td>☒ Department, committee, or unit that requested PFAC input</td>
<td>☒ Leading/co leading</td>
</tr>
<tr>
<td>26b. Accomplishment 2: Addition of new members</td>
<td>☒ Patient/family advisors of the PFAC</td>
<td>☐ Being informed about topic</td>
</tr>
<tr>
<td></td>
<td>☐ Department, committee, or unit that requested PFAC input</td>
<td>☐ Providing feedback or perspective</td>
</tr>
<tr>
<td></td>
<td>☐ Department, committee, or unit that requested PFAC input</td>
<td>☐ Discussing and influencing decisions/agenda</td>
</tr>
<tr>
<td></td>
<td>☒ Department, committee, or unit that requested PFAC input</td>
<td>☒ Leading/co leading</td>
</tr>
<tr>
<td>26c. Accomplishment 3: Creation of PFAC brochure</td>
<td>☒ Patient/family advisors of the PFAC</td>
<td>☐ Being informed about topic</td>
</tr>
<tr>
<td></td>
<td>☐ Department, committee, or unit that requested PFAC input</td>
<td>☒ Providing feedback or perspective</td>
</tr>
<tr>
<td></td>
<td>☐ Department, committee, or unit that requested PFAC input</td>
<td>☐ Discussing and influencing decisions/agenda</td>
</tr>
<tr>
<td></td>
<td>☒ Department, committee, or unit that requested PFAC input</td>
<td>☒ Leading/co leading</td>
</tr>
<tr>
<td>26d. Accomplishment 4: Feedback on Infection Control signage</td>
<td>☐ Patient/family advisors of the PFAC</td>
<td>☐ Being informed about topic</td>
</tr>
<tr>
<td></td>
<td>☒ Department, committee, or unit that requested PFAC input</td>
<td>☒ Providing feedback or perspective</td>
</tr>
<tr>
<td></td>
<td>☐ Department, committee, or unit that requested PFAC input</td>
<td>☐ Discussing and influencing decisions/agenda</td>
</tr>
<tr>
<td></td>
<td>☐ Department, committee, or unit that requested PFAC input</td>
<td>☒ Leading/co leading</td>
</tr>
</tbody>
</table>
27. The five greatest challenges the PFAC had in FY 2016:

27a. Challenge 1:
Identifying new members

27b. Challenge 2:
Increase diversity of membership to reflect MWMC Catchment areas

27c. Challenge 3:
Expand opportunities for feedback in hospital projects

27d. Challenge 4:
Change in PFAC administrative leadership after retirement of Administrative Co-Chair.

27e. Challenge 5:
Expanding communication in hospital to remind employees of opportunities for PFAC feedback

☐ N/A – we did not encounter any challenges in FY 2016
28. The PFAC members serve on the following hospital-wide committees, projects, task forces, work groups, or Board committees:

☐ Behavioral Health/substance use
☐ Bereavement
☒ Board of Directors
☐ Care Transitions
☐ Code of Conduct
☐ Community Benefits
☐ Critical Care
☐ Culturally competent care
☐ Discharge Delays
☒ Diversity & Inclusion
☐ Drug Shortage
☐ Eliminating Preventable Harm
☐ Emergency Department Patient/Family Experience Improvement
☐ Ethics
☒ Institutional Review Board (IRB)
☐ Lesbian, gay, bisexual, and transgender (LGBT) – sensitive care
☐ Patient Care Assessment
☐ Patient Education
☒ Patient and Family Experience Improvement
☐ Pharmacy Discharge Script Program
☒ Quality and Safety
☐ Quality/Performance Improvement
☐ Surgical Home
☒ Other (Please describe: Cancer Committee)
☐ N/A – the PFAC members do not serve on these – Skip to #30

29. How do members on these hospital-wide committees or projects report back to the PFAC about their work?

Update at next convened PFAC meeting.

30. The PFAC provided advice or recommendations to the hospital on the following areas mentioned in the Massachusetts law (check all that apply):

☒ Institutional Review Boards
☐ Patient and provider relationships
☐ Patient education on safety and quality matters
☐ Quality improvement initiatives – All quality initiatives impacting cancer patient.
☐ N/A – the PFAC did not provide advice or recommendations to the hospital on these areas in FY 2016

31. PFAC members participated in the following activities mentioned in the Massachusetts law (check all that apply):
   ☒ Advisory boards/groups or panels
   ☐ Award committees
   ☐ Co-trainers for clinical and nonclinical staff, in-service programs, and health professional trainees
   ☐ Search committees and in the hiring of new staff
   ☐ Selection of reward and recognition programs
   ☒ Standing hospital committees that address quality
   ☐ Task forces
   ☐ N/A – the PFAC members did not participate in any of these activities

32. The hospital shared the following public hospital performance information with the PFAC (check all that apply):

32a. Complaints and serious events
   ☒ Complaints and investigations reported to Department of Public Health (DPH)
   ☒ Healthcare-Associated Infections (National Healthcare Safety Network)
   ☒ Patient complaints to hospital
   ☒ Serious Reportable Events reported to Department of Public Health (DPH)

32b. Quality of care
   ☐ High-risk surgeries (such as aortic valve replacement, pancreatic resection)
   ☐ Joint Commission Accreditation Quality Report (such as asthma care, immunization, stroke care)
   ☒ Medicare Hospital Compare (such as complications, readmissions, medical imaging)
   ☐ Maternity care (such as C-sections, high risk deliveries)

32c. Resource use, patient satisfaction, and other
   ☐ Inpatient care management (such as electronically ordering medicine, specially trained doctors for ICU patients)
   ☒ Patient experience/satisfaction scores (eg. HCAHPS - Hospital Consumer Assessment of Healthcare Providers and Systems)
   ☒ Resource use (such as length of stay, readmissions)
   ☐ Other (Please describe: ____________________________)

☐ N/A – the hospital did not share performance information with the PFAC – Skip to #35
33. Please explain why the hospital shared only the data you checked in Q 32 above:
   Different areas were identified as priority for communication. Areas were selected as to the importance of the information and being respectful of meeting time constraints.

34. Please describe how the PFAC was engaged in discussions around these data in #32 above and any resulting quality improvement initiatives:
   The membership has the opportunity to ask questions relating to the disclosed information, request additional follow-up or a meeting in which a particular takeaway is discussed at a future meeting.

35. The PFAC participated in activities related to the following state or national quality of care initiatives (check all that apply):
   35a. National Patient Safety Hospital Goals
       ☒ Identifying patient safety risks
       ☐ Identifying patients correctly
       ☒ Preventing infection
       ☐ Preventing mistakes in surgery
       ☒ Using medicines safely
       ☐ Using alarms safely
   35b. Prevention and errors
       ☐ Care transitions (e.g., discharge planning, passports, care coordination, and follow up between care settings)
       ☐ Checklists
       ☐ Electronic Health Records –related errors
       ☐ Hand-washing initiatives
       ☐ Human Factors Engineering
       ☒ Fall prevention
       ☐ Team training
       ☒ Safety
   35c. Decision-making and advanced planning
       ☒ End of life planning (e.g., hospice, palliative, advanced directives)
       ☒ Health care proxies
       ☒ Improving information for patients and families
       ☒ Informed decision making/informed consent
   35d. Other quality initiatives
Disclosure of harm and apology
☒ Integration of behavioral health care
☐ Rapid response teams
☐ Other (Please describe _________________________________)
☐ N/A – the PFAC did not work in quality of care initiatives

36. Were any members of your PFAC engaged in advising on research studies?
☒ Yes
☐ No – Skip to #40 (Section 6)

37. In what ways are members of your PFAC engaged in advising on research studies? Are they:
☒ Educated about the types of research being conducted
☐ Involved in study planning and design
☐ Involved in conducting and implementing studies
☐ Involved in advising on plans to disseminate study findings and to ensure that findings are communicated in understandable, usable ways
☒ Involved in policy decisions about how hospital researchers engage with the PFAC (e.g. they work on a policy that says researchers have to include the PFAC in planning and design for every study)

38. How are members of your PFAC approached about advising on research studies?
☐ Researchers contact the PFAC
☐ Researchers contact individual members, who report back to the PFAC
☒ Other (Please describe below in #38a)
☐ None of our members are involved in research studies

38a. If other, describe:

__________PFAC member is voting community member on IRB
____________________________________________________________________________
____________________________________________________________________________

39. About how many studies have your PFAC members advised on?
☐ 1 or 2
☐ 3-5
☒ More than 5
☐ None of our members are involved in research studies
Section 6: PFAC Annual Report

We strongly suggest that all PFAC members approve reports prior to submission.

40. The following individuals approved this report prior to submission (list name and indicate whether staff or patient/family advisor):

All PFAC members who attended the convened September 7, 2016 meeting

41. Describe the process by which this PFAC report was completed and approved at your institution (choose the best option).

☒ Collaborative process: staff and PFAC members both wrote and/or edited the report
☐ Staff wrote report and PFAC members reviewed it
☐ Staff wrote report
☐ Other (Please describe: __________________________________________________________)

Massachusetts law requires that each hospital’s annual PFAC report be made available to the public upon request. Answer the following questions about the report:

42. We post the report online.

☒ Yes, link: https://www.hcfama.org/sites/

☐ No

43. We provide a phone number or e-mail address on our website to use for requesting the report.

☒ Yes, phone number/e-mail address: Jeanne Henson
  Jeanne.Henson@mwmc.com at 508-383-1096
  ________________________________________________________________

☐ No

44. Our hospital has a link on its website to a PFAC page.

☐ Yes, link: ________________________________________________________________

☒ No, we don’t have such a section on our website